



THURSDAY

BREAKFAST "Full English" Britain's favourite start to the day. Smoked bacon, pork sausage. Hash browns, mushrooms, tomato, scrambled eggs and toast.

SNACK Biscuits

LUNCH Twice baked potatoes and salad. Two potatoes, one triple cheese and bacon, one shredded thyme chicken.

SNACK High Tea. Cucumber and cream cheese finger sandwiches. Scones served with raspberry jam and clotted cream.

DINNER Curry Night. Chicken Sag (chicken tikka cooked in a spiced tomato and spinach sauce) Aloo Gobi (potatoes and cauliflower cooked with ginger and Cumin) Raita (a yogurt, mint and cucumber sauce) Basmati rice and poppadoms.

DESSERT Eaton Mess: Meringue, fresh strawberries and whipped cream.

A little bit about the Full English Breakfast.

Also known as the "breakfast of champions", the Full English is often eaten at the weekend with family or after a heavy night out. It's usually eaten later in the morning and is considered an unhealthy but delicious brunch.

A little bit about Afternoon Tea.

Originally known as High Tea and used as a bridge between lunch dinner for members of High Society. When Queen Victoria became famous for indulging in tea and cakes in the afternoon, the tradition quickly became popular with the general public.

Dainty finger sandwiches and scones are now the most popular choice for Afternoon Tea. The scones are served with clotted cream, a thick and delicious type of slow baked cream from the South West of England.